



2022 PRODUCT GUIDE

ZV Botanicals offers a unique line of personalized wellness products, blended using our ZV Signature full-spectrum hemp CBD extract, Ayurvedic infusions, and essential oils of organic plants and flowers.



AYURVEDA CONSTITUTIONS

WHAT'S YOUR DOSHA?

Dosha's are foundational in the teachings of Ayurveda. They are energies within the body that influence how we feel, think and act. Though we each have all three doshas within us, we typically have one dominant dosha that influences our physical, mental, and emotional characteristics.



WIND

VATA DOSHA

The dosha of air and space. Responsible for all movement, and governs sensory and mental balance, adaptability and comprehension.

Vata types are quick moving free spirits. When in balance, they are energetic, creative and flexible.

When Vata is out of balance, it typically manifests as anxiety, insomnia, constipation, nervous system and mental disorders, pain and arthritis.



FIRE

PITTA DOSHA

The dosha of fire and water. Responsible for digestion, transformation, and metabolism, and governs our capacity to perceive reality.

Pitta types are very passionate, motivated and driven, and prone to perfection.

When Pitta is out of balance, it manifests as fevers, infections, inflammation, red and inflamed skin, acid reflux, and fiery-temper.



EARTH

KAPHA DOSHA

The dosha of earth and water. Responsible for stability, lubrication, and substance, and provides emotional support and positive emotions.

Kapha types are patient, loving, gentle and calm.

When Kapha is out of balance, it manifests with excessive mucus, slow digestion, weight gain, edema, lung and sinus congestion, excessive sleep, lethargy and depression.

OUR BLENDS

Pure

Ideal for anyone who wants a simple CBD tincture with no added botanicals. The cannabinoid profile offers a calming, grounding effect, and may help with insomnia, anxiety and pain. It is a good choice for anyone who experiences extreme food sensitivities or allergies, safe for children, and pets.

Bliss

Created with naturally sourced botanicals that encourage a sense of peace, tranquility and well-being. Hemp specific strains blend with organic Ayurvedic herbs to provide dosha balancing qualities for Vata imbalance, while organic tangerine, clove, and sustainably sourced frankincense oils offer a calming and grounding experience. Ideal for deep healing while supporting rejuvenation and rest.

Chill

A unique formula to help soothe inflammation and cool down a fiery mental state. Our hemp extract, along with Ayurvedic herbs, may calm a stressful mind or possibly ease inflammation and pain in the body. Tulsi and fennel essential oils, along with the powerful anti-viral and anti-bacterial properties of Neem, may provide immune support and relief for persons suffering symptoms associated with a high Pitta imbalance. Use Chill to relax the heart and body, cool the mind, protect from infections, and calm irritable skin.

Lift

Daily use may stimulate digestion, support the immune system, and reduce pain. This strain-specific Ayurvedic herbal formula has the potential to help stabilize moods while diffusing stress and fatigue. Lift energizes and uplifts, due to the clarifying and stimulating properties of lemon, cardamom, and peppermint essential oils. Useful in conditions of pain, lethargy, edema and congestion.

OUR PRODUCT FEATURES

- + Ayurvedic botanicals and essential oils blends
- + Dosha balancing properties for Vata, Pitta & Kapha
- + Signature ZV Full-Spectrum Hemp CBD
- + Rich in terpenes and cannabinoids
- + Organically grown and wild-crafted
- + Hand-crafted, sustainable and made with love



AYURVEDIC CBD TINCTURES

Infused with whole plant hemp extracts and essential oils that are thoughtfully selected to support the doshas, and to open up the pathways to heal the mind, body, and spirit. Infused in organic, cold pressed, raw extra virgin olive oil, due to its proven therapeutic bio-availability for CBD. Safe for daily use. Organic, sustainable, and made with LOVE.



Pure

Extra Virgin Olive Oil, ZV Full-Spectrum Hemp Extract.

Bliss

Extra Virgin Olive Oil, ZV Full-Spectrum Hemp Extract, Jatamansi, Brahmi, Shankha Pushpi, Clove. Essential Oils: Tangerine, Frankincense, Clove.

Chill

Extra Virgin Olive Oil, ZV Full-Spectrum Hemp Extract, Arjuna, Guduchi, Brahmi, Neem. Essential Oils: Tulsi, Lime, Fennel, Neem.

Lift

Extra Virgin Olive Oil, ZV Full-Spectrum Hemp Extract, Punarnava, Tulsi, Clove, Turmeric. Essential Oils: Cardamom, Lemon, Peppermint.



AYURVEDIC CBD TOPICALS

SALVE

Inflammation can be a sign of excess heat in the body. Our famous MAGIC salve is formulated to soothe acute inflammation, relieve pain, and heal wounds. Safe and effective for all skin types, our tri-dosha salve helps bring the skin and soft tissue back to its natural state of balance. Organic, sustainable, and made with LOVE.

Magic

Extra Virgin Sunflower and Sesame Oils, Unrefined and Refined Shea Butter, ZV Full-Spectrum Hemp Extract, Shatavari, Ashwagandha, Bala, Neem, Tulsi, Manjistha, Brahmi, Peppermint, Guduchi, Licorice. Essential Oils: Tulsi, Lavender, Cedarwood.

2 oz / 500 mg CBD: \$45



CBD PATCH

Infused with CBD-rich hemp extract, arnica, and essential minerals for more effective pain management. This lifestyle tool can be used anywhere on the body and may provide targeted relief from arthritis, neck ache, shoulder pain, sprains, strains, backache, bruises, shingles, worn, knee pain, and menstrual cramps. Clinically tested, safe and effective. Patches may be worn up to 5 days. Organic, sustainable, and made with LOVE.

Relief Patch 2 pk / 10 mg CBD: \$16 5 pk / 10 mg CBD: \$28

Arnica, Minerals, ZV Full-Spectrum Hemp Extract.

MASSAGE & BODY OILS

Ayurveda emphasizes daily and seasonal routines to support and nourish the body, mind, and spirit. Daily massage and external application of oils are a necessary part of a healthy routine, for it nourishes the heart and calms the mind. Oil massage gives elasticity to muscles and ligaments and strengthens the bones. Organic, sustainable, and made with LOVE.



Bliss

Extra Virgin Sesame Oil, ZV Full-Spectrum CBD Hemp Extract, Ashwagandha, Bala, Bhingraj, Brahmi, Shankpushpi, Vidari, Brahma, Tulsi, Haritaki, Myrrh, Dashmool. Essential Oils: Cardamom, Clove, Frankincense, Nutmeg.

Chill

Extra Virgin Sunflower Oil and Sesame Oils, ZV Full-Spectrum CBD Hemp Extract, Brahma, Full-Spectrum CBD Hemp Extract, Brahmi, Mint, Chamomile, Bhingraj, Neem, Shatavari, Guduchi, Manjistha, Licorice. Essential Oils: Tulsi, Lavender, Cedarwood.

Lift

Extra Virgin Sunflower Oil and Sesame Oils, ZV Full-Spectrum CBD Hemp Extract, Punarnava, Tulsi, Bhumyamalaki, Manjistha, Bhingraj, Bibhitaki, Mint, Chamomile, Turmeric, Tulsi, Barnil. Essential Oils: Cinnamon, Cardamom, Clove, Frankincense, Nutmeg, Cypress, Peppermint.

2 oz / 250 mg CBD: \$36



AYURVEDIC CBD TEAS & SPICES

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Chai Tea Blend

Vanilla Rooibos, Dandelion Root, Cinnamon Chips, Krishna Tulsi, Fennel Seed, Cinnamon Powder, Dried Ginger Root, Whole and Hulled Cardamom Pods, Long Pepper, Black Peppercorns, Ginger Powder, CBDA Hemp Flower.

2 oz: \$30

Super Spice

Coriander seeds, Cumin seeds, Fennel seeds, Mustard seeds, Fenugreek seeds, Cardamom seeds, Tulsileaf, Cinnamon ground, Ginger ground, Turmeric ground, Cloves ground, Hemp flower

4 oz: \$18